



Zoom Group Expectations

MindSpace as an organisation is committed to equality and diversity and we welcome a wide range of participants from a variety of backgrounds, each with their own unique story. In line with our dignity and respect policy we have put together a few pointers to ensure everybody's safety and positive experience during zoom group sessions.

- We encourage discussion and sharing of experiences. We would ask everyone to be respectful of others.
- MindSpace's groups are strictly confidential therefore information will not be shared. Please also consider your surroundings when attending.
- For the best experience, camera and audio function are required.
- To minimise disruption to the group we are unable to admit participants after the first ten minutes of the group start time.
- The safety and wellbeing of all is of upmost important and any behaviour that contravenes our dignity and respect policy is inadmissible.